



KiDsource

October 2015

Dear Families,

An online version of KIDsource is on the school district's website at www.moorheadschoools.org. Under Schools in the top menu, choose Community Education and from there select Programs. Scroll down the page until you see KIDsource. Then select the issue you would like to see.

KIDsource is distributed to all elementary students in Moorhead. Copies of KIDsource are available in the Horizon main office each month for your middle school student to pick up if interested.

**NDSU Department of
Animal Sciences
Proudly Presents**



Sat, Oct 3, 2015

10 a.m. to 2 p.m.

NDSU Equine Center

5140 19th Ave North, Fargo

FREE indoor family event!

Rain or Shine

**Meet the animals that call NDSU home,
taste ice cream samplers, see cows
being milked, horsemanship
demonstrations, sheep shearing
demonstrations,
and MUCH more!**

For more information call 231-7641

**[https://www.ag.ndsu.edu/ansc/news-
events/moos-ewes-and-more](https://www.ag.ndsu.edu/ansc/news-events/moos-ewes-and-more)**

KIDsource is published through the cooperation of many agencies in Moorhead and coordinated through Moorhead Community Education. If you have any questions, suggestions or articles, please call the Community Education office, Probstfield Center for Education, 284-3400.

Visit the Moorhead Area Public Schools website at www.moorheadschoools.org.

Publication in KIDsource does not constitute school district endorsement of a program.



U-Pick Organic Heirloom Pumpkin & Squash Patch

Over 20 varieties of squash & pumpkins including :
Uncle David's Dakota Desert, Red Kuri, Early Dakota Howden, Blue Hubbard,
Marina di Chioggia, Jack Be Little, Butternut, Delicata, and Much More!

Located 3 miles north of Moorhead adjacent to the Community
Garden at the intersection of 11th St N/Oakport St & 43rd Ave N.
**Last Two Weekends in September & First Two Weekends
in October from 9am - 2pm**



Est. 1868

Probstfield Farm

LIVING THE LEGACY

The Patch will be also be open during the Fall
Harvest Festival on Probstfield Farm on October 3rd.
More information below.

All Proceeds Benefit the Restoration &
Upkeep of the Historic Probstfield Farm!

Patch Information: www.probstfieldfarm.org,
pumpkin@probstfieldfarm.org, or 612-558-4216

Fall Harvest Festival at The Farm

Saturday, October 3rd, 2015 from 1pm-5pm

**U-Pick Heirloom Pumpkin & Squash Patch, History
Tours, Hay Rides, Old Time Music, Civil War
Reinactments & Encampment, and More!**

Open to the Public - Free Admission



Est. 1868

Probstfield Farm

LIVING THE LEGACY

Festival Information: www.probstfieldfarm.org
www.facebook.com/ProbstfieldFarm
Patch Information: The links above,
pumpkin@probstfieldfarm.org, or 612-558-4216

Hope To See You There!!

MINNESOTA STATE UNIVERSITY MOORHEAD

DRAGONS™

2015 DRAGON DRIBBLERS

Be a part of the 6th Annual Dragon Dribblers Basketball Clinic!



Join the Dragon Basketball Family for an opportunity to mix fun & excitement while learning basic basketball fundamentals. Instruction will focus on basic basketball fundamentals including dribbling, passing, shooting, footwork & more. This is a great opportunity to meet & interact with current members of the MSUM Men's Basketball Team!

WHERE: Alex Nemzek Fieldhouse

GRADES: Pre-K -12th Boys & Girls

COST: \$50

DATES: Saturday Mornings – Oct. 3rd, 10th, 17th, 24th

INCLUDES: Instruction & Dragon Dribbler T-Shirt

TIMES: Pre-K – 5th Grade: 9:00-10:00am

6th – 12th Grade: 10:00-11:00am

*Walk-Up Registration is Available

For More Information Contact: Justin Wieck at 218-477-2316 or wieck@mnstate.edu

2015 MSUM Dragon Dribblers Basketball Clinic

Name: _____ Grade: _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

School: _____ T-Shirt Size (circle) YM YL S M L XL

Phone: _____ Email: _____

Session Attending: _____ 9:00am (Pre-K – 5th Grade) _____ 10:00am (6th – 12th)

Make Checks Payable to: MSUM Basketball Camp - Send To: Justin Wieck – 1104 7th Ave South – Moorhead, MN 56563



MARQUART'S MARTIAL ARTS

"JOIN US IN MOORHEAD!"

- ✓ Improve self-confidence, self-control, and self-discipline
- ✓ Learn practical self-defense
- ✓ Improve coordination, physical fitness and flexibility
- ✓ Education for the development of the complete individual as a martial artist

CHECK US OUT!
NO CONTRACT REQUIRED!

Year-round classes for children and adults are led by Eighth Degree Grand Master Eugene Marquart who has over 36 years of teaching experience and is President of the US Changmookwan TKD Union.

2615 12th Ave. S
Moorhead, MN

CALL 218-233-6941 FOR MORE INFORMATION
OR VISIT www.marquartstk.com

After School Art Club

For Students in Grades 3-5

Class Fee - \$75

Time - 2:45-4:30 p.m.

Location - Hopkins Elementary Art Room

Come join Miss Brady for six weeks of art. This great enrichment opportunity for your child will improve their skills, let them explore various techniques, and use an assortment of mediums that they may not experience in the regular art classes. This will be a fun club like atmosphere where the students will help steer their interests to projects of their choosing. We will focus on sculpture, weaving, and other mix media projects. A snack will be provided. Your child can enroll in one or more of these sessions throughout the school year. Classes are taught by Sara Brady, Elementary Art instructor for the Moorhead Area Public Schools.

YAS11A - 6 Mondays, 10/5-11/23

YAS11B - 6 Tuesdays, 10/6-11/17

YAS11C - 6 Mondays, 11/30-1/11

YAS11D - 6 Tuesdays, 11/24-1/5

Register online at <https://communityed.moorheadschoools.org>
under Youth and Family or by phone at 218-284-3400.

A Community Education Program of the Moorhead Area Public Schools



Call or register online!

218.299.5340 | moorheadparks.com

MINI BASKETBALL

This is an excellent program for young boys and girls, grades 1 & 2, to learn and play the basics of the game. Have fun using junior size basketballs and six-foot baskets.

Jan 2- Feb 20 | Saturdays | 11:15 am-12:15 pm or 12:30-1:30 pm | Ellen Hopkins | \$33

YOUTH BASKETBALL

This is an eight week program for boys and girls in grades 3-4. This program focuses on participation and not on high levels of competition.

Jan 2- Feb 20 | Saturdays | 9-11 am | Ellen Hopkins | \$40



YOUTH OPEN GYM

This program is for boys and girls 15 years of age and younger. Regular and junior basketballs and volleyballs are available.

Sundays | Oct 4, 11, 18, 25, Nov 1, 8, 15, Dec 6, 13, 20 | Community Life Center | Free



It's great to be a kid in the After School Adventures program! Participating youth will experience enjoyable activities including games, sports, science projects, and expression through art, music and drama. Homework assistance will be available, as well as a chance for socializing and making new friends!

Romkey Park

Sept 8-Dec 18 & Jan 5-May 27 | Monday - Friday | 3-5 pm | Ages 5-14 | Free*

*Funded from resources provided through the Community Development Block Grant

THE MAKING OF A MONSTER ART CLASS

In this Marvelously monstrous class, participants will craft their own beastly creation on a small canvas and bring them to life in 3D, using recycled materials.

October 24 from 2-3 pm | Ages 6-9 | Lamb Park | \$8



HAUNTED MALL

Enter the Spooktacular Moorhead Center Mall...if you dare!

Your little ghosts and goblins will enjoy haunted spaces, games, trick-or-treating, and much more!

October 31 • 3-7 pm
Moorhead Center Mall



Sponsored by Moorhead Parks and Recreation and Moorhead Center Mall.

The Pumpkin Patch

Fargo's Largest Fall Festival

**Over 25 Free
Attractions with
gate admission!**



Sept 19 – Oct 31, 2014

Fridays 3:00 – 6:00

Saturdays 11:00 – 6:00

Sundays 1:00 – 6:00

Thurs, Oct 22 & Fri, Oct 23

1:00 – 6:00

DakotaCarriageCompany.com

7414 40th Ave N, Fargo, ND 58102

701.347.4069

Relationships with Your Children Can be Difficult



Do you ever feel like you and your child are constantly at odds?

Counselors at The Village's Moorhead office can help you get your relationship back on track. We specialize in working with children and the parent/child relationship.

We are here to help you talk through the challenges you face and to figure out ways to make your life a little less complicated and chaotic.

In many cases, the cost of in-office counseling at The Village is covered by your health insurance.

We're right here—in your neighborhood. Call today to schedule an appointment.

FREE COUNSELING SESSION

Mention you saw this in KidSource and your first consultation session is free if scheduled before December 31, 2015.

Does not apply to current clients.

Free consultations available at the Moorhead office only.



1401 8th St. S., Moorhead

701-451-4811

TheVillageFamily.org

Thanks to United Way and donor support, The Village services are available at a reduced fee for eligible participants.

MOORTH OF NORMAL
FARGO
MOORHEAD | WEST FARGO



MOORHEAD
PUBLIC SERVICE

Bright
Energy
Solutions
Moorhead Public Service
www.mpswefly.com

Arts Partnership

CLEAN WATER
LAND &
LEGACY
RESOURCES

CULTURAL
DIVERSITY
RESOURCES
Founder

Free
Event



PANGEA

Cultivate our Cultures
Nov. 14, 2015 10am to 4pm

**HISTORICAL
& CULTURAL
SOCIETY**
OF CLAY COUNTY

Hjemkomst Center
Moorhead, MN
218-299-5511
www.heseconline.org

kidquest

FREE fun for the whole family!
Registration begins two weeks prior to each event.
Call 701.551.6100 or visit plainsart.org.

COLORFUL CUPCAKE CREATIONS Saturday, October 10 • 1 – 4 PM
We will kick off the Kid Quest season by celebrating the 40th anniversary of Plains Art Museum! Participants will draw a cupcake still-life and color it with vibrant oil pastels. Celebrate the occasion with us by enjoying a cupcake of your own.

FABULOUS FACES Saturday, November 7 • 1 – 4 PM
Star Wallowing Bull loves to create abstract works of art based on his life and experiences. Be inspired by this artist as you create an abstract portrait of yourself or from your imagination with cardboard, water-soluble oil pastels, and glue.

FANCY A FISH BOWL Saturday, December 5 • 1 – 4 PM
Explore the *Picasso: Passion for Clay* exhibition to find out how Pablo Picasso incorporated animals in his art, and then head over to the Center for Creativity to create your own textured fish bowl out of clay.



Made possible by a grant from Xcel Energy, With additional support from The Village Family Magazine and Minnesota Public Radio.



Katherine Kilbourne Burgum
CENTER FOR CREATIVITY
704 1st Ave., N, Fargo
701.551.6100 • plainsart.org





MOORHEAD WRESTLING CLUB
(chartered club with USA wrestling)

presents

MOORHEAD MAGIC YOUTH WRESTLING

Who:

**All PreK -
6th Grade**



What:

Youth Wrestling

When:

Nov 16th - March
PreK-2nd (T&TH) 6-6:45pm
3rd-6th (M,T&TH) 6:45-8pm

Where:

MHS Wrestling Room

Cost:

FREE

***required to purchase
USA wrestling card (\$31)**

REGISTER TODAY
www.moorheadwrestling.com



YMCA OF CASS AND CLAY COUNTIES
WWW.YMCACASSCLAY.ORG

TRY A NEW KIND OF FUN

REGISTER NOW FOR FALL PROGRAMS & EVENTS

Fall Programs Include:

- Swim Lessons
- Basketball
- Baton Twirling
- Dance, Cheer
- Wacky Science
- Fantastic Contraptions
- LEGO® Club
- Start with Art

Session Fall 2: October 26 - December 12

(Join in anytime! - Your fee will be pro-rated accordingly!)

Don't forget! Fall YOUTH BASKETBALL LEAGUE starts soon, too!

Practice starts Nov. 2, Season: Nov. 14 - Dec. 19
Registration due Oct. 12 (register at either Y or download form at www.ymcacassclay.org/basketball!)

Fall Events Include:

- **Saturday Fun Nights** - Oct 3, Nov 7, Dec 5
- **Holiday Parent's Night Out** - Oct 30, Nov 20, Dec 18
- **Spooky School Bus Ride** - Oct 23
- **Xerzone Events** - Oct 30, Nov 21, Dec 19
- **Burn the Bird 5/10k** - Nov 26
- **Winter Adventure Days** - Dec 28-30

To learn more or to register, call 701.293.9622, visit www.ymcacassclay.org or stop by either Y branch!

LEARNING DOESN'T HAVE TO END AT 3:00 PM

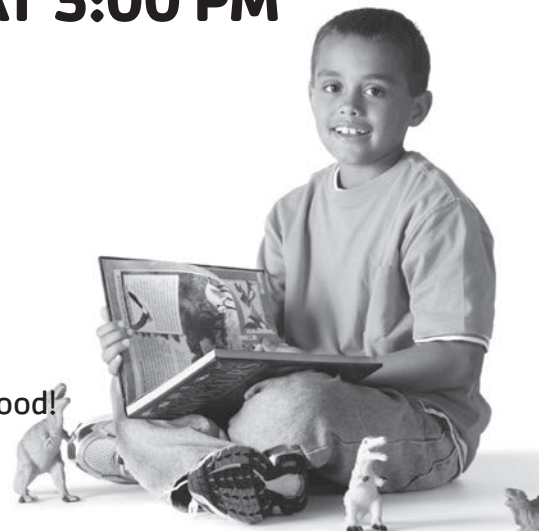
YMCA SCHOOL AGE LEARNING CENTERS

Before and After School Programs **Now Enrolling**
at YMCA Locations and Many Area Schools.

Learn. Grow. Thrive.

With over 25 Locations, we might be right in your neighborhood!

Learn More At: www.ymcacassclay.org/schoolage



After School Wrestling Camp Grades 1-5 - FREE!

October 5-8, 2:45-4 p.m.

S. G. Reinertsen & Hopkins Elementary Gyms

Boys and girls will learn the basics of wrestling and will wrestle live matches against their friends. Boys will wrestle boys and girls will wrestle girls. Transportation home will not be provided by the schools, parents will be responsible for picking up their child at 4. Any questions contact Skip Toops at gtoops@moorheadschoools.org or call 218-284-6412.

Sponsored by Moorhead Wrestling and Moorhead Community Education.

Register online at <https://communityed.moorheadschoools.org> under Youth and Family or by calling 218-284-3400.

Moorhead High School Key Club Carnival

Featuring games and fun for children ages preschool to fourth grade.

Tuesday, October 27
6-8 p.m.

Moorhead High School
2300 4th Ave. S.

\$4 per child or \$10 per family

Costumes Welcome!

Proceeds benefit the Arc of West Central Minnesota

Calling all

American Girls!

Would you like to meet 2015 American Girl of the Year Series Author Mary Casanova? All are welcome meet her at a Book Signing at the Moorhead Public Library! She will discuss writing, her series *Grace*, and her other books.

*Saturday, November 7
at 3:00 p.m.*

Join our American Girl Book Club! We will be reading Mary Casanova's American Girl Series, *Grace*. Book club members will receive free copies of the books - while supplies last! Contact the library for more information.

★ Monday, September 21 at 6:00 p.m. (Special Guest: Love of Loaf Bakery)

★ Monday, October 19 at 6:00 p.m. (Special Guest: 4 Luv of Dog Rescue)



**MOORHEAD
PUBLIC LIBRARY**

A branch of Lake Agassiz Regional Library
118 5th St. S. | 218-233-7594 | www.larl.org

 **LAKE AGASSIZ
REGIONAL LIBRARY**

Arts & Cultural
**HERITAGE
SERIES**
LAKE AGASSIZ REGIONAL LIBRARY

 **CLEAN
WATER
LAND &
LEGACY
AMENDMENT**

Moorhead High School Dance Team's 16th Annual Dance Clinic

When: Saturday, October 24th, 2015

Where: Moorhead High School's Main Gym

Who: Girls and Boys Grades K-8

Cost: \$30.00- this includes instruction on two routines, technique and skill building, lunch, and a T shirt. Fee and registration forms need to be returned to the Activities Office at Moorhead High School by Monday, October 19th (in order to secure a t shirt for the day of camp).

Time: Registration/check in is from 9:30-10:00 a.m. The camp is from 10:00 am to 3:00 p.m. At 3:00 there will be a show of the routines for family and friends as well as a performance by the Highlights.

Dress: Kids should wear comfortable clothing to dance in such as gym clothes or dance clothing, and either dance shoes or tennis shoes.

For more information please contact Melanie Fierstine at 218-329-7531

----- ***Please Detach and Return to the Activities Office at Moorhead High School*** -----

Name of Child: _____ Grade: _____ Phone Number: _____
Fee Paid: Yes _____ No _____ (Checks made out to MHS Dance Team) T-Shirt Size: Youth Small
_____ Youth Medium _____ Youth Large _____ Adult Small _____ Adult Medium _____ Adult Large _____

Parent / Guardian Signature: _____

Please Return to the MHS Activities Office by October 19th 2300 4th. Ave. S. Moorhead, MN 56560

****Thank you so much for coming!****



TRI-CITY STORM SOCCER CLUB

IGNITE THE PASSION!

Come experience the world's most popular sport with TC Storm Soccer Club - Fargo, Moorhead and West Fargo's largest and longest running club. Winter is fast approaching, but that doesn't mean soccer has to stop. Register today for our Rec, Select or Adult winter programs and stay warm indoors and keep playing the sport you love!

More info and registration for our winter programs online at www.tricitystorm.org



REG

Pre-K - 8th Grade

Season starts early January
Registration deadline early December



SELECT

Ages 9-18

Season starts early January
Registration deadline early December
Space is limited for each age group
due to availability of indoor space



ADULT

Ages 16+

Season starts early November
Registration deadline early October

SUNSET LANES

www.bowlingsunset.com
620 Hwy 75 N., Moorhead
218-233-6153

Newly Remodeled!

Junior Leagues Now Forming
Earn scholarship money just by competing!

Bowling League Schedule All Grades K-12

Tuesdays - 4:30 p.m.
Saturdays - 10 a.m.

Nobody sits on the bench! Join a life long sport!
Call Sunset Lanes for more information

Sunset Lanes has the Best Birthday Parties in the FM Area!
Birthday Party Packages include bowling, pizza & pop!



We welcome you to join us for our 8th season at USA Cobber Club Wrestling !!!!



- Under the guidance of Concordia College's head wrestling coach Matt Nagel: 5-Time MN state champion, NCAA Division I All-American, 3-Time Greco Roman Champion
- Coaching team includes Concordia College's Assistant Wrestling Coach Phil Moenkedick: 2-Time NCAA Division III National Champion, 3-Time Division III All-American.
- Chartered by USA Wrestling in affiliation with MN USA Wrestling. Coaches are USA Wrestling certified. Cobber Club Wrestling is recognized by USA Wrestling as a "Gold Member Club"
- Wrestlers have the opportunity to experience the team part of wrestling in a dual meet setting as well as individual tournaments.
- Open to all youth kindergarten through 8th grade from Fargo/Moorhead and surrounding areas for any skill level.
- Practices are located in the upper and lower level of the Offutt Concourse at Concordia just off 12th Ave. South Moorhead
- Sessions:

Session 1: November 9—January 14

Session 2: January 18—March 24

- Session Cost:

\$50 for Tuesday & Thursday practices

\$75 for Monday, Tuesday, & Thursday practices

Practices are 6:30 - 7:30 for younger group and 6:30 - 7:45 for older group

- Registration forms available online or come to registration night on Monday November 9th from 6:00-7:30 PM in the Offutt Concourse on Concordia's Campus.

All wrestlers will be required to have a USA Wrestling card. The cost for the card is \$31 and this card provides supplemental insurance coverage and may be needed to get into some tournaments.



Website: www.cobberclubwrestling.com

Email: info@cobberclubwrestling.com

Phone: 701-238-2059

Mail: PO Box 822 Moorhead, MN 56561-0822

<https://www.facebook.com/CobberClubWrestling>



Our Proud Sponsors



Learn to skate!

Register for Session 2 by Friday, October 30!



Ice Skating Lessons

Classes offer basic professional skating instructions for boys and girls age 2 to 14. Variety of levels offered.

Hockey Skills Training

Learn basic beginner skating skills while integrating beginning hockey skills. Variety of levels offered.



For More Information:
701-499-6060 • fargoparks.com



**SATURDAY,
OCTOBER 24
6:30-9:00PM**

Moonlight Monster MASH

Fargo Youth Center,
2500 18th Street South

\$3 for youth & adults (ages 2 & under free)

701.499.7788 | www.fargoparks.com

Awesome Art Afternoon

Saturday, October 10

Anytime Between 1:00-3:00 pm

RDJ Rec Center, 1104 2 Ave S, Fargo

FREE!

Thanks to a grant from
Xcel Energy.

Spend an afternoon
creating fun art
projects to take home.

Community Halloween Carnival

Saturday, October 31

3:30-5:30 pm

Courts Plus Community Fitness
3491 S University Dr

FREE! - ALL AGES!

701.237.4805 | www.courtsplus.org



XCELERATE!



701-499-7788 | www.fargoparks.com





Lakeland Mental Health Center

Help Today for a Better Tomorrow

1010 32nd Avenue South, Moorhead, MN

1-218-233-7524

www.lmhc.org

24 hour Emergency/Crisis

1-800-223-4512

Depressed?

Grieving?

Anxious?

Stressors?

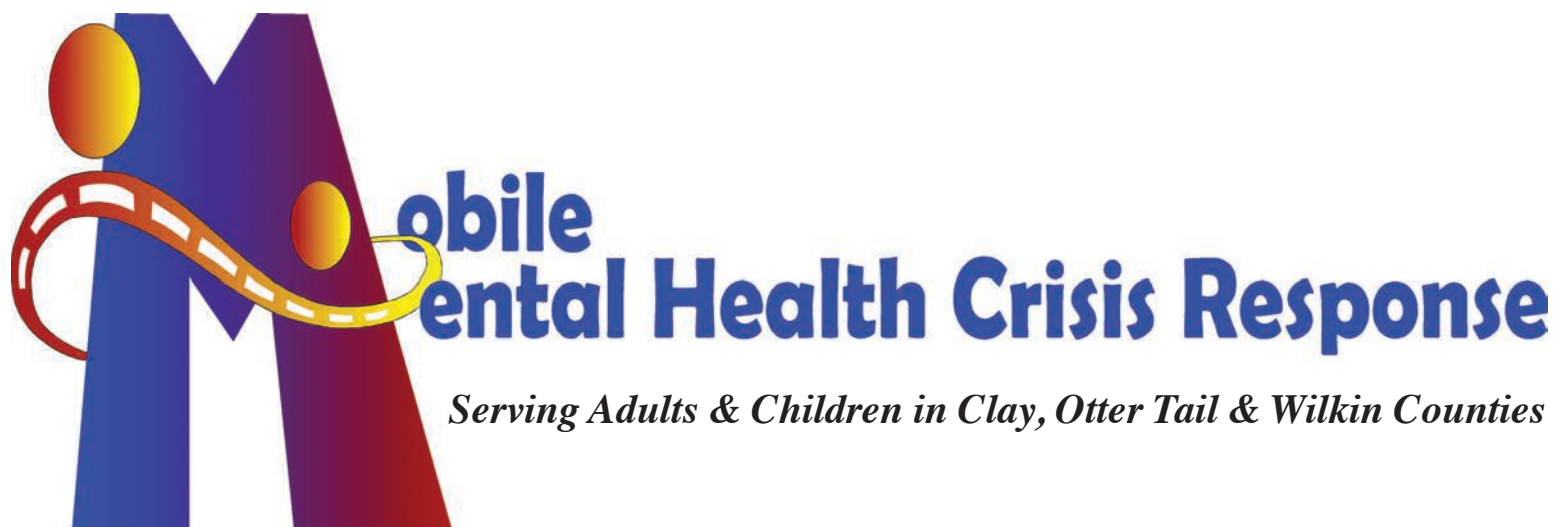
Problems Sleeping?

Difficulty Coping?

Feeling Confused?

Overwhelmed?

Negative Thoughts?



Help for you on the Phone or in your Home - 1-800-223-4512

Monday through Friday : 4 p.m. to 10 p.m.

Weekends and Holidays : 1 p.m. to 11 p.m.

Phone support 24 hours a day, 7 days a week

- Help for adults, children & families in their homes.
- Connection to mental health services.
- Coordination & follow up with current mental health service providers.
- Stabilization to reduce hospitalizations & out-of-home placements.
- Skills training to minimize future crisis.

Unlocking Potential Through Movement



Special Needs

Birthday Parties

Cheer

Kid's Cardio

Preschool & Recreational Gymnastics

Girls & Boys Team

Xcel



- **Open Gyms (Ages 5-14):**
October 2: 7-9PM
October 23: 7-9PM

Ask about a free trial class!

- **Fall II Session**
October 19 - December 12
*No classes November 26-28
Registration opens October 5
- **School's Out Day Camps:**
October 22 & 23
Spots fill fast - Must register at least 1 week in advance



Kid's Fitness & Gymnastics

Call Today!

Ph: (701)365-8868

www.tntkidsfitness.org

2800 Main Ave. S. Fargo, ND 58103





MOORHEAD
AREA PUBLIC SCHOOLS

Honoring the Past
Shaping the Future



For our students to grow, our schools need continued support. For our community to grow, we must attract and keep strong families. One of the best ways to do that is through a strong school system. *Strong schools means a strong community.*

Learn more. Ask questions. Get answers. Here's how.

Referendum Information Meetings

Attend a session to learn more about the district and upcoming referendum, ask questions and share your thoughts. Sessions will be at **6:30 p.m.** on the following dates. Registration is not required.

- Sept. 15 S.G. Reinertsen Elementary
Media Center, 1201 40th Ave. S.
- Sept. 22 Horizon Middle School
Media Center, 3601 12th Ave. S.
- Oct. 1 Probstfield Elementary Room 226C,
2410 14th St. S.
- Oct. 5 Moorhead High School
Conference Room, 2300 4th Ave. S.
- Oct. 6 Ellen Hopkins Elementary
Media Center, 2020 11th St. S.
- Oct. 20 Robert Asp Elementary
Media Center, 910 11th St. N.

State of the District Session

The district leadership team will share the troubles and triumphs of leading one of the largest school districts in Minnesota, including information about the November bond referendum.

Call Moorhead Community Education at 284-3400 to RSVP for this free session or register online at <https://communityed.moorheadschoools.org>.

Oct. 22 Probstfield Center Board Room,
7 p.m. 2410 14th St. S.

Website & Social Media

Visit www.moorheadschoools.org for news, School Board meeting updates, calendars and much more.

Follow Moorhead Schools on Facebook (facebook.com/MoorheadSchools) and Twitter ([@MoorheadSchools](https://twitter.com/MoorheadSchools)).

Coffee with the Mayor & Superintendent

Visit with the mayor and superintendent to learn more about the city and school district, ask questions and share your thoughts. Sessions will be at **10 a.m. in the Moorhead Center Mall Atrium** on:

Oct. 21 Jan. 20 May 18

Moorhead Area Public Schools

www.moorheadschoools.org

*Proudly serving the communities of Moorhead,
Georgetown, Sabin and surrounding area*



Want to play Spud Hockey?

*The legend of Moorhead
Hockey starts with our youth...*

Moorhead Youth Hockey offers a variety of programs for boys and girls who are 4-18 years-old. Players learn teamwork, sportsmanship, and the fundamentals associated with the game of hockey while having fun and learning life-long social skills. Our programs are as follows:

Rookies: boys & girls ages 4-6 (<i>must turn 4 by June 30th, 2015</i>)	Mites/8U girls: ages 7-8	Squirts/10U girls: ages 9-10
PeeWees/12U girls: ages 11-12	Bantams/15U girls: ages 13-14 (13-15 girls)	JR gold boys: ages 15-18

Parent Nights set for returning and new members

Once a child is registered online for hockey, parents must attend one of the “Parent Nights” to complete paperwork, pay unpaid fees, and pick up raffle tickets. Below are the dates and times for both returning and new members:

RETURNING MEMBERS*: August 10th or 11th

NEW MEMBERS: September 28th or 29th

Stop by the arena on either day between 5:30pm and 7:30 pm to complete the registration process.

*Existing members may sign up a new player at the same time as their returning player(s).

**Online
Registration:
Opens August 1st
on the MYHA
website**

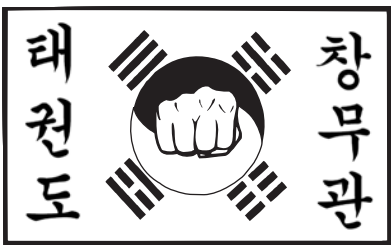
**To register with
USA Hockey (must
be completed
before the MYHA
registration
process):
www.usahockey.com**

**Parent Nights – dates
are set! August 10th
or 11th for returning
members, September
28th or 29th for new
members
-At the youth arena,
707 SE Main Ave**

**MOORHEAD YOUTH
HOCKEY**

707 SE Main Ave
Moorhead MN 56560
218-233-5021

www.moorheadyouthhockey.com



1335 Main • 277-1TKD

Red River Traditional TaeKwonDo

The Area's Only Traditional TaeKwonDo School

Classes for All Ages

AUTHENTIC...

REAL...

TRADITIONAL...



**Grand Master Jim Grimestad
with 37 years experience**

7th Degree Grand Master Jim trains & tests in Korea

This is a traditional martial arts school not a sport

277-1TKD • 1335 Main Ave Fargo • rrtkd.com

go to RRTKD.COM for more information

FREE 2 week trial